

Hugs and Kisses Blanket—Simple Version

This blanket is designed to be a comfort to your little one from birth through toddlerhood and beyond. Babies have a sensitive sense of smell. It is one of the ways they are able to recognize their parents from birth. A mother's amniotic fluid has the same scent as her skin, so a baby recognizes his mother right away. So, when a baby smells a parent nearby, they are comforted! Cotton yarn is known for its scent holding properties. This blanket uses a cotton/acrylic blend to keep the shape and to hold a parents' scent.

The parent sleeps with the blanket for 3 nights so that it can absorb their unique scent. It's important to not have the blanket positioned so that it would absorb perspiration, saliva, or other fluids. The blanket will hold the parents' scent for up to a week. It can be placed in the baby's crib or bassinet to comfort the little ones as they sleep. I love using it for those nights when my son is restless. It keeps me from having to wake up so often to comfort him!

These blankets are especially helpful for when parents must be away. When a newborn is in the ICU or when a parent is away, this blanket can be used to bring the feeling of home a little closer for our babies. A portion of the proceeds from this pattern will go to make blankets to be donated to deployed troops overseas so that their newborns will have the scent of their daddies and sense those "hugs and kisses" from far away.

Yarn:

This pattern uses Lion Brand Cotton Ease Yarn. Two skeins are needed, but you could shorten the blanket and use just one.

Gauge: 20 sts = 4" in stockinette stitch. Gauge is not essential for this pattern.

Finished dimensions:

Approximately 14" x 21"

Needles:

You'll need size US10 (or whatever size you need to meet gauge).

Pattern:

Cast on 60. Work in Garter Stitch (knit every row) for five rows.

Work as follows for eleven total repeats.

Row 1: K5, P5, K40, P5, K5

Row 2 (and all even numbered rows): K10, P40, K10

Row 3: K5, P5, [(K2, K2tog, YO) 10 times], P5, K5

Row 5: Repeat row 1

Row 7: K5, P5, [(K2tog, YO, K2) 10 times], P5, K5

Row 9: Repeat row 1

Row 10: Repeat row 2

Finishing

Work in Garter Stitch (knit every row) for five rows. Bind off.

Weave in ends.

Block blanket to finished dimensions by spraying lightly with cool water and stretching to 14" x 21". Let dry.

Abbreviations:

st(s) – stitch(es)

K – knit

P – purl

YO—Yarn over

k2tog—Knit two together

Hugs and Kisses Blanket—Traditional Version**Yarn:**

This pattern uses Lion Brand Cotton Ease Yarn. Two skeins are needed, but you could shorten the blanket and use just one.

Gauge: 20 sts = 4" in stockinette stitch. Gauge is not essential for this pattern.

Finished dimensions:

Approximately 14" x 21"

Needles:

You'll need size US10 (or whatever size you need to meet gauge).

Additional Tools:

Cable needle or double pointed needle for working cables.

Specialty Stitches:

C4F—cable 4 front—Sl 2 sts to cn and hold to front, k2, k2 from cn.

C4B—cable 4 back—Sl 2 sts to cn and hold to back, k2, k2 from cn

Pattern:

Cast on 69. Work in Garter Stitch (knit every row) for five rows.

Work as follows for six repeats. Chart is available at the end of this pattern for those who prefer to use charts.

Row 1: K5, P5, K8, P5, K23, P5, K8, P5, K5

Row 2 (and all even numbered rows): K10, P8, K5, P23, K5, P8, K10

Row 3: K5, P5, C4B, C4F, P5, [(K2, K2tog, YO) five times], K3, P5, C4F, C4B, P5, K5

Row 5: Repeat row 1

Row 7: K5, P5, C4B, C4F, P5, [(K2tog, YO, K2) five times], K2tog, YO, K1, P5, C4F, C4B, P5, K5

Row 9: Repeat row 1

Row 11: K5, P5, C4F, C4B, P5, [(K2, K2tog, YO) five times], K3, P5, C4B, C4F, P5, K5

Row 13: Repeat row 1

Row 15: K5, P5, C4F, C4B, P5, [(K2tog, YO, K2) five times], K2tog, YO, K1, P5, C4B, C4F, P5, K5

Row 16: Repeat row 2

Finishing

Work in Garter Stitch (knit every row) for five rows. Bind off.






Weave in ends.

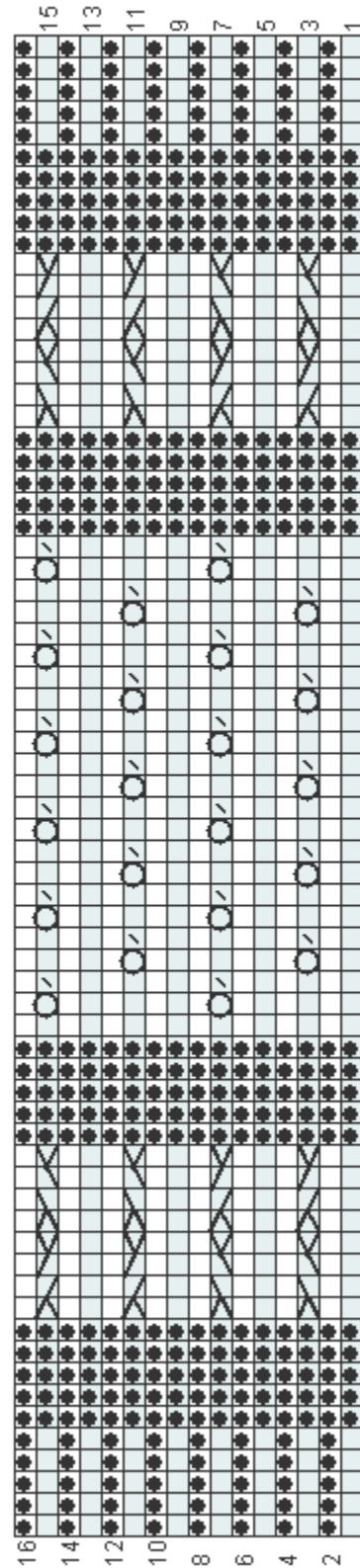
Block blanket to finished dimensions by spraying lightly with cool water and stretching to 14" x 21". Let dry.

Abbreviations:

- st(s) – stitch(es)
- K – knit
- P – purl
- YO—Yarn over
- k2tog—Knit two together
- cn—cable needle

Key

	k2tog/p2tog
	yo
	C4B
	C4F
	k1/p1
	p1/k1



Hugs and Kisses Blanket—Crocheted Version

Yarn: Worsted weight yarn of at least 50% cotton content

Gauge:

Gauge is difficult to state because of the fractions. Your first row of V-sts should be 13" wide. Take a moment to measure after this row. Keep in mind that V-stitches tend to stretch horizontally as you work them. Your blanket may be 14 or 15 inches wide after the first row, but with blocking will end up at the proper width.

Tools: I hook

Directions:

Ch 46

Row 1: (Dc, ch1, dc) in 5th ch from hook (V-st made), [sk 2 ch, V-st in next ch] across to last 2 ch, sk1 ch, dc in last ch - 14 V st

Remaining rows: Ch3, turn, V-st in each ch-1 sp across, dc in top of turning ch. Work until blanket is 19" in length. Do not fasten off.

Border

Rnd 1: Ch 1, turn, work sc evenly spaced around blanket, working 3 sc in each corner. I found that working 5 sc for every two rows of V-st worked well. Join with sl st to first sc

Rnd 2: Ch 1, sc in each sc around, working 3 sc in each corner. Join with sl-st to first sc. Fasten off

Your blanket should be approximately 14"x20" when complete.